

# FEBRUARY 2023

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

1/9/23

Chef SALAD Available Daily for lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Happy Valentine's Day</b>				
		<p>1 --BREAKFAST-- Muffin, Egg Bake Bite, Sliced Apples, Juice</p> <p>--LUNCH-- Hamburger, Baked Beans, Lettuce &amp; Tomato, Fresh Fruit</p> <p>OR</p> <p>Asian Chicken, Rice, Broccoli &amp; Carrots, Pineapple</p>	<p>2 --BREAKFAST-- Eggstravaganza Burrito, Banana, Juice</p> <p>--LUNCH-- Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears</p> <p>OR</p> <p>Grilled Ham &amp; Cheese Sandwich, Fries, Cucumbers, Pears</p>	<p>3 --BREAKFAST-- <b>Parent Teacher Conference</b></p> 
<p>6 Early Release --BREAKFAST-- Benefit Bar, Fruit Cups, Juice</p> <p>--LUNCH-- BBQ Sandwich, Fries, Broccoli, Mixed Fruit</p> <p>OR</p> <p>Chicken Fajitas, Refried Beans, Carrots, Mixed Fruit</p>	<p>7 --BREAKFAST-- Pancake on a Stick, Applesauce, Juice</p> <p>--LUNCH-- Beef &amp; Cheese Nachos, Pinto Beans, Carrots, Pears</p> <p>OR</p> <p>Chicken Sandwich, Fries, Lettuce &amp; Tomato, Pears</p>	<p>8 --BREAKFAST-- Cream Cheese Bagel, Sliced Apples, Juice</p> <p>--LUNCH-- French Bread Pepperoni Pizza, Green Beans, Fresh Fruit</p> <p>OR</p> <p>Ram Bowl (Popcorn Chicken, Mashed Potato, Corn, Brown Gravy, Cheese), Biscuit, Fresh Fruit</p>	<p>9 --BREAKFAST-- Egg &amp; Cheese Biscuit, Banana, Juice</p> <p>--LUNCH-- Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches</p> <p>OR</p> <p>Steak Sandwich, Fries, Cucumber, Peaches</p>	<p>10 --BREAKFAST-- Cereal, Cheese Stick, Apple Crisp, Juice</p> <p>--LUNCH-- Frito Pie, Corn, Carrots, Applesauce</p> <p>OR</p> <p>Chili Dogs, Chips, Carrots, Broccoli, Applesauce</p>
<p>13 --BREAKFAST-- Ultimate Breakfast Round, Fruit Cups, Juice</p> <p>--LUNCH-- Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit</p> <p>OR</p> <p>Chicken Sandwich, Fries, Broccoli, Mixed Fruit</p>	<p>14 --BREAKFAST-- Morning Roll, Applesauce, Juice</p> <p>--LUNCH-- Pizza, Broccoli, Carrots, Peaches</p> <p>OR</p> <p>Cheese Nachos, Carrots, Broccoli, Peaches</p>	<p>15 --BREAKFAST-- French Toast, Sliced Apples, Juice</p> <p>--LUNCH-- Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit</p> <p>OR</p> <p>Cheeseburger or Hamburger, Fries, Lettuce &amp; Tomato, Fresh Fruit</p>	<p>16 --BREAKFAST-- Egg &amp; Cheese English Muffin, Banana, Juice</p> <p>--LUNCH-- Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears</p> <p>OR</p> <p>Corn Dog, Baked Beans, Cucumber, Pears</p>	<p>17 --BREAKFAST-- Pizza, Apple Crisps, Juice</p> <p>--LUNCH-- Hoagie, Lettuce &amp; Tomato, Carrots, Chips, Slushie</p> <p>OR</p> <p>Chicken Wings, Fries, Celery Sticks, Breadsticks, Slushie</p>
<p>20 <b>President's Day</b></p> 	<p>21 --BREAKFAST-- Cheese Filled Breadstick, Applesauce, Juice</p> <p>--LUNCH-- Pizzaboli Bites, Broccoli, Carrots, Peaches</p> <p>OR</p> <p>Beef &amp; Potato Burrito, Pinto Beans, Salad w/Tomato, Peaches</p>	<p>22 --BREAKFAST-- Muffin, Egg Bake Bite, Sliced Apples, Juice</p> <p>--LUNCH-- Cheeseburger, Baked Beans, Lettuce &amp; Tomato, Fresh Fruit</p> <p>OR</p> <p>Asian Chicken, Rice, Broccoli &amp; Carrots, Pineapple</p>	<p>23 --BREAKFAST-- Eggstravaganza Burrito, Banana, Juice</p> <p>--LUNCH-- Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears</p> <p>OR</p> <p>Grilled Ham &amp; Cheese Sandwich, Fries, Cucumbers, Pears</p>	<p>24 --BREAKFAST-- Waffle, MixZees Dried Fruit, Juice</p> <p>--LUNCH-- Drumsticks, Macaroni &amp; Cheese, Green Beans, Carrots, Applesauce</p> <p>OR</p> <p>Meatball Sub, Fries, Lettuce &amp; Tomato, Applesauce</p>
<p>27 --BREAKFAST-- Benefit Bar, Fruit Cups, Juice</p> <p>--LUNCH-- Beef &amp; Cheese Nachos, Pinto Beans, Carrots, Pears</p> <p>OR</p> <p>Cheeseburger or Hamburger, Fries, Lettuce &amp; Tomato, Pears</p>	<p>28 --BREAKFAST-- Pancake on a Stick, Applesauce, Juice</p> <p>--LUNCH-- BBQ Sandwich, Fries, Broccoli, Mixed Fruit</p> <p>OR</p> <p>Chicken Fajitas, Refried Beans, Carrots, Mixed Fruit</p>	<p><b>FREE</b> <b>BREAKFAST</b> <b>AND</b></p> <p><b>LUNCH</b> <b>FOR ALL</b> <b>STUDENTS</b></p>		